



### Contact Us

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## USPAK EVENTS

### Annual Youth Leadership Conference Program

USPAK in partnership with Association of Physicians of Pakistani Descent of North America [APPNA](#) will hold its 5<sup>th</sup> Annual Youth Leadership Conference during APPNA's 37<sup>th</sup> Annual Convention in Washington DC. The conference will take place from **August 14<sup>th</sup> -16<sup>th</sup> 2014 at Gaylord National harbor, Washington DC**. Over 100 students from throughout United States have registered for this year Conference.

Theme of this year Conference is

**"I define who I am"**

Youth Empowerment Conference Program is being developed. See [updated Program](#); revisit this page for program and speaker updates.

### Conference Program & Speakers

*Program under development please revisit for updates (Click on participant name for more information)*

Thursday Aug 14th		
Time	Topic/Activity	Speakers/Panelists
1:30 PM – 2:00 PM	Registration	Hand out badges/folders
2:00 PM – 3:00 PM	Networking/Icebreaking activity	Organized Networking/Team building activities
3:00 PM – 4:00 PM	Who am I, Cultural Identity?	<a href="#">Faizan Haq</a> ; Communication Specialist
4:00 PM – 6:00 PM	Pakistan Independence Day	Flag Raising Ceremony
6:15 PM – 7:00 PM	How to Write a Story	<a href="#">Ethan Casey</a> , Journalist, Author, Publisher
7:00 PM – 8:00 PM	Dinner	<a href="#">Omair Mirza</a> ;
	Life on the Hill	<a href="#">Haroon Ullah</a> ;
	Your story	
8:00 PM – 8:45 PM	Seizing Entrepreneurship Spirit	<a href="#">Noor Siddiqui</a> , Thiel Fellow
8:45PM – 9:30 PM	Networking/Games	
Friday Aug 15 <sup>th</sup>		
9:45 AM – 10:15 AM	Travel to Pakistan Embassy	
10:30 AM – 12:30 AM	Presentation by Embassy of Pakistan	Welcome EOP
	Lunch at Embassy of Pakistan	Presentation EOP
		Address by <a href="#">Ambassador Jilani</a>
12:45 -1 :30 PM	Travel to US Capitol	
1:45 PM – 2:15 PM	Friday Prayer at US Capitol	Khutba: <a href="#">Dr. Sayyid Syeed</a>
		National Director of <a href="#">ISNA</a>
2:30 PM – 3:30 PM	How to Run for Public Office	<a href="#">Mayor Saud Anwar</a> , other elected officials;
3:45PM -4:45 PM	Meetings with Congressman and Senators (confirmation awaited)	Senator <a href="#">Ben Cardin</a>
	Staffers; Young Professionals	Congressman <a href="#">Van Hollen</a>

	<a href="#">Albar Sheikh</a> ;	Congressman <a href="#">Cummings</a> Congressman <a href="#">Ruppersberger</a>
4:45 PM – 5:30 PM	Travel to Gaylord	
5:45PM – 6:45 PM	Network for Success	<a href="#">Shahed Amanullah</a> , Social Media Expert
6:45 PM – 7:30 PM	Dinner	
7:30 PM – 8:15 PM	Organizing for a Cause	<a href="#">Shahid Buttar</a> , Advocacy Specialist
8:15 PM – 9:15 PM	Talent Show/ Networking activity	Sarah Yusuf
<b>Saturday Aug 16<sup>th</sup></b>		
10:00 AM – 11:15 AM	Seminar – Preparing for College Admissions	<a href="#">Aleeza Hashmi</a> , Sarah Mahmood, Omar Akram, Mehwish Mirza, Taha Anwar
10:00 AM – 11:15 AM	Seminar – Launching your Career	Irfan Saeed, DHS, <a href="#">Lina Choudhry</a> , <a href="#">Ali Malik</a> , <a href="#">Arsalan Suleman</a> , <a href="#">Taha Gaya</a> , <a href="#">Mona Siddiqui</a> ; +
11:30 AM – 12:30 PM	How I define myself	<a href="#">Shaarik Zafar</a> , Special Representative to Muslim Communities, State Department
12:30 PM – 1:30 PM	Lunch	
1:30 PM – 2:30 PM	Seminar – How to tell your Story	<a href="#">Wajahat Ali</a> ; <a href="#">Ayesha Rokadia</a> ; <a href="#">Jumaina Siddiqui</a> , <a href="#">Umair Khan</a> ; <a href="#">Aysha Chaudhry</a> , Ehsan Zafar+
2:45 PM – 3:45 PM	Effective use of Social Media	<a href="#">Arfa Syed</a> , Digital Media Expert
3:45 PM – 4:15 PM	Wrap up	Faizan Haq
4:15 PM – 4:30 PM	Award of Diploma's	APPNA President Dr. Asif Rehman

See [Youth Empowerment Flyer](#).

To learn more about the upcoming Youth Empowerment Conference watch a [video](#) prepared by USPAK Foundation.

For further questions or inquires, email [ed@uspakfoundation.org](mailto:ed@uspakfoundation.org) or call 202 505 4725.

## Survey of Pakistani American Diaspora



Rockefeller – Aspen Diaspora Program conducted a survey of Pakistani American Diaspora in July 2014 to study detailed demographic and socio economic characteristics, immigration and citizenship pathways, geographic distribution, and Diaspora engagement.

### Some of the findings of the survey are:

- Approximately 455,000 Pakistani immigrants and their children live in United States. The majority of Pakistani-born population arrived in the United States before 2000. 63% of all Pakistani American Citizens are US citizens.
- Pakistani immigrants in the United States have a median age of 40 years, median age of children is 9, and sixty nine percent of the second generation has a parent who was born in Pakistan. Although Pakistani immigrants are widely dispersed across United States, the largest number live in the states of New York, Texas, and California, in cities like New York, Houston, Washington DC, Chicago, Los Angeles.
- Educational attainment levels are, on average, higher in the Pakistani Diaspora than in the general US Population. 33% of the Pakistani Diaspora of age 25 and over had a bachelor's degree, with 23% holding a post graduate degree.
- Employment rate among the Pakistani Diaspora is 90%, compared to a national average of 91%. Nearly 32% of Pakistani Diaspora was in a professional or managerial occupation.
- Pakistani American Diaspora has a higher than the national average household median income of \$60,000. 18% of the Pakistani Diaspora households are in the top 10% of the US household income distribution of over \$140,000.
- United States is the sixth largest source of remittance to Pakistan; the Diaspora transferred approximately \$1.1 billion in remittance to Pakistan in 2012.

[Read Complete Report](#)

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### Help Us Help You

USPAK is a volunteer organization working for the betterment of Pakistani Americans. Our efforts are focused on developing future leaders of our country from within our community. We also work to address issues of concern of our community, ranging from immigration, civil liberties, religious freedom, and socio-economic development of Pakistani American community.

It is through help of supporters like you that we are able carry on our vision promoting the ambitions and aspirations of Pakistani Americans. Your support today can ensure that Pakistani Americans have a place at the table, as we shape the policies on immigration, the economy and civil rights. You can help build a more vibrant and inclusive democracy.

Can we count on you to help? Can you donate \$500, \$250 or \$150 today? [Click here](#) and use **Donate** button. USPAK is a 501 c3 non-profit organization; your donation qualifies for tax deduction.

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